

BLAZER POST

September 26th – September 30th

Nicole Downer, Principal

Julie Moeller, Assistant Principal

Week at a Glance:

September 26th

P.E. with Coach Roberts

September 27th

5th Grade Band - Bring
Instruments

September 28th

Early Dismissal Day

September 29th

P.E. with Coach Roberts
5th Grade Band - Bring
Instruments

September 30th

Upcoming Events:

October 3rd

Make-Up Picture Day

October 17th-21st

Parent Teacher Conference
Week- Minimum Days ALL Week

AM and PM TK/K: 8:30-12:10

Grades 1-5: 8:30-12:30

October 19th

Unity Day

October 24th-28th

Red Ribbon Week

October 28th

Trunk or Treat

General Announcements:

Attendance:

One of the easiest ways to help your child be successful at school is to have them attend on time daily. We understand that children get sick, and we want them to stay home and follow illness protocol when they are not feeling well. When students arrive late, or are checked out early, it also counts against their attendance. Please show your child school is important by having them here all day every day!

Thank you, PTA!

It was such a fun and successful jog-a-thon thanks to all the work put in by our wonderful PTA. We are also grateful to everyone that donated Otter Pops for the runners. It was greatly needed on this hot day. Due to the success of this fundraiser, PTA will be able to provide many great events for our students and families this year. First up is Trunk or Treat next month!

After School Program

It was great to see so many students participate in the after-school program Comic Creators. We are excited for the next after school activity: Chess Masters! We will be sending out the registration information soon so please be on the lookout for an email with registration information. Chess Masters will be on Tuesdays from 2:45-3:45 starting November 1st.



Absences

Add up!

#SCHOOLEVERYDAY

Missing just 2 days a month
means a child misses 10% of the
school year.



October 2022 ~ Breakfast ~ K - 5th



Harvest of the Month

Network for a Healthy California

The Harvest of the Month featured Fruit is...

Sliced Green Apples!!

Fun Facts:

Green apples are GREAT for making Apple Pies.

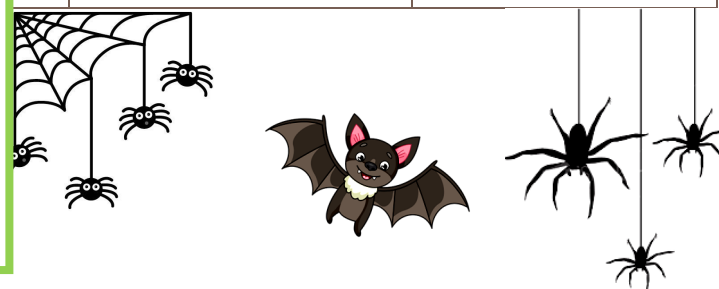
They are a harder apple that don't get to mushy when they are cooked.

	MONDAY'S	TUESDAY'S	WEDNESDAY'S	THURSDAY'S	FRIDAY'S
Week 10/3~10/7 10/17~10/21 10/31	Double Chocolate Muffin or Choice of Cereal	Breakfast Burrito or Choice of Cereal	French Toast Sticks or Choice of Cereal	Bagel + Cream Cheese or Choice of Cereal	Pancake + Sausage on a stick or Choice of Cereal
Week 10/10~10/14 10/24~10/28	Banana Muffin or Choice of Cereal	Mini Maple Pancakes or Choice of Cereal	Breakfast Sausage Pizza or Choice of Cereal	Biscuit + Sausage Patty or Choice of Cereal	Cinnamon Roll or Choice of Cereal

Breakfast Combos + Lunch Combos are free of charge
(1 breakfast and 1 lunch per student per day)
for the 2022-2023 School Year

Second Breakfast \$1.75

Breakfast Includes
-Assorted Fresh Fruit
-Assorted Fruit Juice
-1% White Milk or Non-Fat Chocolate Milk



Meal Applications from 2021-2022 school year Have Expired.
Fill out your **NEW** 2022- 2023 meal application online!
www.MurrietaSchoolNutrition.com

Sliced Green Apples

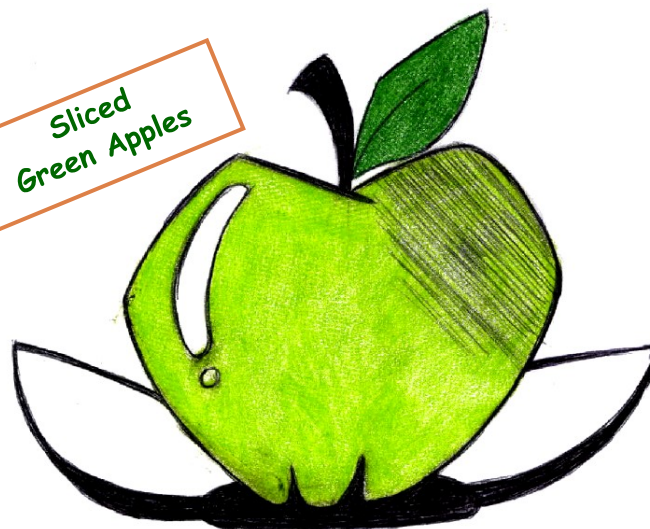


Illustration by:
Angelina @
Murrieta Summit

Easily add money to your students account





October Lunch Menu ~ K - 5th



Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast Combos & Lunch Combos are free of charge (1 breakfast and 1 lunch per student per day) for the 2022-2023 School Year Second Lunch \$2.75</p>				= Pork Free Menu = Vegetarian Option
3 Cheesy Mozzarella Sticks 	4 Corn Dog	5 Chicken Nuggets w/ Goldfish Crackers	6 Meatballs w/ Marinara & Texas Toast	7 Steak Burger
10 Bean & Cheese Burrito *Sour Raisins	11 Cheesy Garlic Toast *Banana Cherry Sidekicks	12 Teriyaki Chicken Bowl w/ Brown Rice *Sour Raisins	13 Drumstick w/ Texas Toast *Strawberry Grahamz	14 Cheeseburger Sliders *Chocolate Chip Cookie
17 Mini Hot Dog	18 Bean & Cheese Burrito 	19 Cheesy Pizza 	20 Cheeseburger Sliders	21 Chicken Burger
24 Mac & Cheese 	25 Chicken Taquitos	26 Orange Chicken Bowl w/ Brown Rice	27 Glazed French Toast w/ Sausage Patty Brunch for Lunch	28 Cheesy Pizza Cookie Day
31 Holiday Chicken Nuggets w/ Goldfish Crackers		DAILY ALTERNATE ENTREES Turkey & Cheese Sandwich, Peanut Butter & Jelly Uncrustable Snack Pack or <i>Entrée Salad Bar with Cheese & Crackers</i>		Lunch Includes Unlimited Daily Produce Bar 100% Fruit Juice & Choice of 1% White or Non-Fat Chocolate Milk

Daily Produce Bar

Harvest of the Month



- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

* Selections vary seasonally and daily

